

24 February 2021

### Easter recipe boxes

Tower Hamlets is providing food and activity boxes for children over this Easter break.

The boxes will include one week's worth of ingredients to make lunches for each child, along with a demonstration video and easy to follow recipes for all the family.

The recipes will be healthy, nutritious and are designed to be fun for children to help prepare. We are working with Oitij-jo Collective, a local community organisation, to develop recipes which will appeal to all communities in Tower Hamlets.

A booklet with ideas for fun activities that teach children about healthy choices and how to stay active even if we are all still stuck at home for the Easter holiday will be given to every family with their food box. Information for families about support services in Tower Hamlets is also included.

The boxes are aimed at children who have been receiving vouchers in term time over the lockdown.

### How to receive a box

To get a box, families must fill out the form on the link below, letting us know:

- how many children you would like boxes for
- their names and what school they attend
- the name and postcode of parent

[https://forms.towerhamlets.gov.uk/service/Expression\\_of\\_interest\\_food\\_support](https://forms.towerhamlets.gov.uk/service/Expression_of_interest_food_support)

By completing this form, you agree that we can hold your details for the purposes of distributing boxes and for monitoring and evaluation.

You must sign up by **5<sup>th</sup> March 2021** or you may not receive a box.

### Where to collect it

Boxes will be available to collect from your child's school, unless they tell you otherwise. Almost all schools will have the boxes ready for collection on the week before Easter, if this is not the case your school will let you know what the alternative arrangements are in due course.

Dominic Hinde  
Tackling Poverty Team Leader  
[HAF@towerhamlets.gov.uk](mailto:HAF@towerhamlets.gov.uk)